

## WHY SHOULD I SIGN UP?

1. Proceeds will benefit the Bryon Riesch Paralysis Foundation.
2. This event is open to the public and everyone is invited. Bring your family and friends.
3. Refreshments will be provided for all participants at the end of the race at Schneider Stadium.
4. Registration received by September 19 will ensure a race-day T-shirt.

## QUESTIONS?

Carroll University Athletic Department:  
Emma Mertler  
(262)650-4825 or emertler@carroll.edu



*Special thank you to Carroll University  
Athletic Department*



## FACTS ABOUT PARALYSIS

- There are nearly **1 in 50** people living with paralysis – approximately 6 million people.
- The average age when a spinal cord injury occurs is **29**.
- Close to **1.5 million** suffer from paralysis due to a spinal cord injury. That is if they survive the initial trauma.
- Average lifetime cost of a spinal cord injury that occurs at 25 years old for a quadriplegic can **exceed \$4,400,000**.
- **7% of individuals** who became paralyzed as a result of an accident or injury occurred while serving in the military.
- Spinal cord injury **research benefits** other neurological disorders including ALS, Alzheimer's, Parkinson's and stroke victims.
- The BRPF gives out research grants, charitable grants and scholarships.
- The BRPF has already raised over **\$7 million** in the fight against paralysis. It is in large part due to supporters like yourself.
- You can find more information and stay involved by:

**LIKE** BRPF on Facebook  
**FOLLOW** BRPF on twitter at @BRPFcure  
**VISIT** [www.brpf.org](http://www.brpf.org).

15th Annual



BRYON'S 5K

# RUN WALK ROLL TO CURE PARALYSIS

Benefitting the Bryon Riesch Paralysis Foundation

**Sunday, October 6, 2024**



Hosted By:



Sponsored By:



## FOUNDATION-CARROLL CONNECTIONS

Bryon Riesch, paralyzed from his chest down after a devastating accident, has worked with Carroll University's Health Sciences programs for 21 years. He has directly benefited from relationships developed with Carroll University's Physical Therapy students and faculty. Created after Bryon's accident to help individuals with neurological disorders and to help find a cure for paralysis, the Bryon Riesch Paralysis Foundation has formed a partnership with Carroll University. This run/walk/roll is a combined effort with Carroll University to raise both money and awareness for individuals with paralysis. For more information on the Bryon Riesch Paralysis Foundation, visit [www.brpf.org](http://www.brpf.org).

*Donations beyond entry fees are tax deductible as allowable by law. 501c (3)*

## CARROLL UNIVERSITY HEALTH SCIENCES

### *Wellness Activities for Those with Chronic Disease and Disability*

For the past eleven years, in collaboration with community partners in Waukesha County and southeastern Wisconsin, Carroll University's Health Sciences students and faculty have provided wellness activities across the lifespan for individuals experiencing chronic disease and disability. Through campus-community service-learning initiatives, individuals who have experienced neurological events such as stroke, multiple sclerosis, spinal cord injury or cerebral palsy; musculoskeletal disorders such as arthritis; or general conditions such as heart disease, can participate in physical conditioning activities to help sustain their optimal level of fitness.

## WHO?

Open to all

## WHEN?

October 6, 2024

**9:00 a.m.**  
Registration begins

**9:50 a.m.**  
Welcome and opening remarks

**10:00 a.m.**  
Roll begins

**10:05 a.m.**  
Run/Walk begins

## WHERE?

**Carroll University**  
c/o Emma Mertler

Carroll University Athletic  
Department 100 N. East Avenue  
Waukesha, WI 53186

### Course

Streets surrounding the Carroll University campus

- Bryon's Run To Cure Paralysis will be held rain or shine.
- Registrations will be taken the day of. Cash/check/credit card are accepted.
- There will be NO REFUNDS.
- Those who fail to attend the Run/Walk/Roll relinquish all claims to a race T-shirt.

Register, collect pledges, and join a team at

**BRPF.ORG**

Please print or type. Legibility is vital for proper record keeping.

\_\_\_\_\_  
Last name First name

\_\_\_\_\_  
Address

\_\_\_\_\_  
City State ZIP

\_\_\_\_\_  
E-mail address

\_\_\_\_\_  
Phone number

Adult T-shirt:  Small  Medium  Large  XL  XXL  
Youth T-shirt:  Small (6/8)  Medium (10/12)  Large (14/16)

Event:  5K Run  2.5K Walk/Roll  5K Roll

### Pre-Registration and Entry Fees

Please indicate below your relationship to the university:

- Students, faculty, and staff ..... \$15  
 Alumni, spouses, general public..... \$25  
 Family rate (please fill out a form for each person) .... \$85  
(Immediate family only)

Day of Registration and Entry Fees

- Carroll University students, faculty, staff..... \$25  
Alumni, spouses, general public..... \$30

**I would like to donate toward the BRPF Charitable Grants Program: \$ \_\_\_\_\_**

### Team Registration:

Teams of 10 or more registrants, or those with over \$100 in pledges will be entered into a special drawing on the day of the event. Visit [www.brpf.org](http://www.brpf.org) for team registration information.

**Make checks for run/walk and optional donation payable to:**  
Bryon Riesch Paralysis Foundation (BRPF)

### Send completed registration and fee to:

Emma Mertler, Carroll University Athletic Department  
100 N. East Avenue, Waukesha, WI 53186